



Fuencaliente de La Palma

Las Cabras Beach

English edition

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A small cove on the south-eastern slope of Fuencaliente, surrounded by volcanic mountains. It measures about 40 m long by 20 m wide, the sand is dark and the waves are usually moderate. It is an isolated beach, without any facilities, and one of the least crowded in the municipality.

It is reached along a dirt track that leaves the LP-207 road, so it is advisable to go by four-wheel drive or walk down. There is unattended parking for fewer than fifty cars. The cove is part of a very indented coastline within a protected natural area.

Under the water, Las Cabras is also a dive site: the dive, of low difficulty, follows a reef parallel to the coast down to a depth of about 50 m, with rays, Canary Islands lobster and cuttlefish.

Next to the beach is the Las Cabras cup-mark station, one of the aboriginal sites on the municipality's coast, in the ancient canton of Aherguareme. There are 280 cup marks carved into the rock, divided into two groups. The researchers who have studied it interpret it as a marker of the start of summer: on the days of the solstice the sun sets right over the summit of Lajío mountain. It is a fragile place: do not step on or touch the engravings and take all your rubbish with you.

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